

# IMPROVE PREGNANCY-RELATED DEPRESSION SCREENING AND REFERRAL PRACTICES IN YOUR CLINIC!

FREE QUALITY IMPROVEMENT FACILITATION

EARN MOC AND CME CREDITS

DELIVERED AT YOUR PRACTICE OVER 3-4 ONE HOUR VISITS



**Pregnancy-Related Depression (PRD) is the most common complication of pregnancy impacting 1 in 7 women nationally**  
(Wisner et al., 2013)

**On average, participating practices have improved Pregnancy-Related Depression Screening rates from 9% to 93%**

*The staff at ABCD made participating in the Pregnancy-Related Depression screening so easy! Because of the project we are now screening all mothers of newborns for Pregnancy-Related Depression. We immediately started getting some positive screens and we are so thankful that we now have the resources to help these moms."*

**Banner Pediatrics Loveland  
2018 Participant**


***Interested in learning more?***

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**A B** Assuring Better  
**C D** Child Health & Development

*Early Pathways. Lifelong Benefits.*

# About the Project



This project assists practices to improve pregnancy-related depression referral processes, meet best practice standards for screening and referral processes, and administer standardized screening tools that meet American Academy of Pediatrics' and American College of Obstetrics and Gynecology screening recommendations.

The project consists of:

- Three one-hour meetings to complete Plan-Do-Study-Act cycles on a priority area chosen by your clinic.
- Collecting and providing data related to PRD screening and referral
- Completing a final evaluation of the activity

## Earn Credits

### Credits available through ABP, ABFM, ABOG, and AAFP!

MOC Pt. IV Credit:

The American Board of Pediatrics (ABP) has approved the Pregnancy Related Depression Screening and Connection to Community Resources project. Physicians who participate in this project and meet ABP completion requirements will receive credit for the Performance in Practice component of Maintenance of Certification.

This activity has been approved by the American board of Family Medicine (ABFM) for Family Medicine Certification credit. Term of approval is for two years, beginning 04/09/2018.

The ABOG standards now allow participation in ABOG-approved Quality Improvement Projects to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This QI project has been approved to meet ABOG Improvement in Medical Practice requirements for 2017. For further information, review the 2017 MOC Bulletin at <http://www.abog.org/New/publication.aspx>

Prescribed CME Credit:

This Performance Improvement activity, Pregnancy related depression screening and connection to community resources, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians. Term of approval begins 04/01/2018. Term of approval is for two years from this date. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## About ABCD

ABCD is a statewide nonprofit focused on improving the lives of Colorado children through early identification of developmental needs. ABCD brings the lifelong benefits of early identification and intervention to Colorado children by strengthening the primary care, early childhood and community agencies who serve them. ABCD partners with frontline providers to make it easier for Colorado families to access maternal mental health and/or developmental screenings, referrals and support.